

# Memory care activities calendar

 - Outdoor Activity

 - Game

 - Indoor Activity

 - Therapy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <ul style="list-style-type: none"> <li> 9: In the news</li> <li> 11: Walking club</li> <li> 2: Cookie social</li> <li> 5: Brain teasers</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li> 9: Move to music</li> <li> 11: Music therapy</li> <li> 2: Arts &amp; crafts</li> <li> 5: Trivia</li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li> 9: Morning walk</li> <li> 11: Reminiscence</li> <li> 2: Noodle hockey</li> <li> 5: Pictionary</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li> 9: Morning stretch</li> <li> 11: Ball toss</li> <li> 2: Hand massages</li> <li> 5: Bowling</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li> 9: Chair exercises</li> <li> 11: Bowling</li> <li> 2: Bingo</li> <li> 5: Book club</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li> 9: Chair dancercise</li> <li> 2: Salon time</li> <li> 5: Pet therapy</li> <li> 7: Movie night</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li> 9: Chair Yoga</li> <li> 11: Gardening club</li> <li> 2: Happy hour</li> <li> 7: Gameshow</li> </ul>
<b>8</b> <ul style="list-style-type: none"> <li> 9: In the news</li> <li> 11: Walking club</li> <li> 2: Bingo</li> <li> 5: Finish the lyric</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li> 9: Move to music</li> <li> 11: Bird watching</li> <li> 2: Arts &amp; crafts</li> <li> 5: Balloon toss</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li> 9: Morning walk</li> <li> 11: Reminiscence</li> <li> 2: Puzzles</li> <li> 5: Pictionary</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li> 9: Morning stretch</li> <li> 11: Brain teasers</li> <li> 2: Chair volleyball</li> <li> 5: Music therapy</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li> 9: Chair exercises</li> <li> 11: Bowling</li> <li> 5: Book club</li> <li> 7: Movie night</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li> 9: Chair dancercise</li> <li> 11: Reminiscence</li> <li> 2: Ring toss</li> <li> 7: Movie night</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li> 9: Chair Yoga</li> <li> 11: Gardening club</li> <li> 2: Happy hour</li> <li> 7: Gameshow</li> </ul>
<b>15</b> <ul style="list-style-type: none"> <li> 9: In the news</li> <li> 11: Walking club</li> <li> 2: Coloring</li> <li> 5: Spelling bee</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li> 9: Move to music</li> <li> 11: Music therapy</li> <li> 2: Popcorn social</li> <li> 5: Trivia</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li> 9: Morning walk</li> <li> 11: Short stories</li> <li> 2: Salon time</li> <li> 5: Karaoke</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li> 9: Morning stretch</li> <li> 11: Puzzles</li> <li> 2: Chair volleyball</li> <li> 5: Bowling</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li> 9: Chair exercises</li> <li> 11: Bowling</li> <li> 2: Brain teasers</li> <li> 5: Book club</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li> 9: Chair dancercise</li> <li> 11: Reminiscence</li> <li> 5: Pet therapy</li> <li> 7: Movie night</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li> 9: Chair Yoga</li> <li> 11: Gardening club</li> <li> 2: Happy hour</li> <li> 7: Gameshow</li> </ul>
<b>22</b> <ul style="list-style-type: none"> <li> 9: Outdoor art</li> <li> 11: Walking club</li> <li> 2: Bingo</li> <li> 5: Finish the lyric</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li> 9: Move to music</li> <li> 11: Card games</li> <li> 2: Arts &amp; crafts</li> <li> 5: Trivia</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li> 9: Morning walk</li> <li> 11: Reminiscence</li> <li> 2: Hand massages</li> <li> 5: Pictionary</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li> 9: Morning stretch</li> <li> 11: Ball toss</li> <li> 2: Chair volleyball</li> <li> 5: Bowling</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li> 9: Chair exercises</li> <li> 11: Bowling</li> <li> 2: Bingo</li> <li> 5: Book club</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li> 9: Chair dancercise</li> <li> 11: Reminiscence</li> <li> 2: Ice cream social</li> <li> 5: Pet therapy</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li> 9: Chair yoga</li> <li> 11: Gardening club</li> <li> 5: Brain teasers</li> <li> 7: Gameshow</li> </ul>
<b>29</b> <ul style="list-style-type: none"> <li> 9: In the news</li> <li> 11: Walking club</li> <li> 2: Cookie social</li> <li> 5: Brain teasers</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li> 9: Move to music</li> <li> 11: Music therapy</li> <li> 2: Arts &amp; crafts</li> <li> 5: Trivia</li> </ul>	<b>31</b> <ul style="list-style-type: none"> <li> 9: Morning walk</li> <li> 11: Reminiscence</li> <li> 2: Noodle hockey</li> <li> 5: Pictionary</li> </ul>				